#### Instruction

## Interscholastic/Intramural Athletics/Sunday Games

### **Elementary Schools**

Intramural activities shall be encouraged and organized by the elementary school Principal and staff.

#### Middle School

The following optional suggestions of the <u>Guidelines for Connecticut Middle Level Athletic Programs from the CIAC</u> shall be allowed:

- 1. Only members of the school's student body or those enrolled in a public school of choice such as an authorized charter, magnet, regional cooperative, inter-district satellite school, are eligible to participate in interscholastic athletics. Eligibility to participate is extended to those attending from the sending school or the school from which he/she would normally matriculate when the school of choice does not provide interscholastic programs. Those alternative schools must be authorized.
- 2. Student-athletes must meet the scholastic requirements of their own school in order to participate in interscholastic athletics.
- 3. Student-athletes must meet the requirements of their school's good citizenship policy.
- 4. At the middle school level, student-athletes may play on outside teams. While playing on any outside team however, the time involved in play should be limited in order to preserve time for academics and to prevent injuries from overuse.
- 5. Girls are permitted to participate on either a boys or girls team in a given sport but not on both in the same school year. Schools may exclude girls from boys teams when the school can demonstrate that the overall program does not limit athletic opportunities for girls.
- 6. Boys cannot participate on girls teams.
- 7. The student-athlete shall not have reached his/her sixteenth (16th) birthday; except that a player who reaches his/her 16th birthday after or on July 1 shall be eligible to compete during the ensuing school year if he/she is otherwise eligible.
- 8. Any student-athlete must be deemed physically fit for school-sanctioned interscholastic competition through a pre-participation evaluation performed within the last 13 months in accordance with reasonable and prudent written medical protocol as determined by the governing body of the school or district of the student's school.
- 9. Transportation "to and from" the Waterford Public School and away games is the sole responsibility of the parent for all authorized magnet, charter, regional cooperative, and inter-district satellite school students participating in the middle school Interscholastic Athletics programs.

#### Instruction

# Interscholastic/Intramural Athletics/Sunday Games

Intramural activities and interscholastic competition shall be encouraged and organized by the Principal and staff and may be conducted on a limited basis with the following limitations:

- 1. Interscholastic football games shall not be scheduled.
- 2. Evening or night sports events shall not be regularly scheduled.

## **High School**

Intramural and interscholastic competition shall be encouraged and organized by the Principal and staff members. Each individual coach shall be required to establish rules and regulations essential and directly related to performance in his/her particular sport and submit rules and regulations to his/her principal or designee for approval. The Principal's or his/her designee's approval is required prior to the beginning of the particular sport.

School or family physicians shall have the authority to curtail the participation of any player in any athletic or physical activity.

Medical services available shall be at all varsity football games--home and away. Ninth grade students should engage in interscholastic football competition only with ninth grade students.

(cf. 6145.21 – Sunday Play of Postponed Friday & Saturday Games)

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